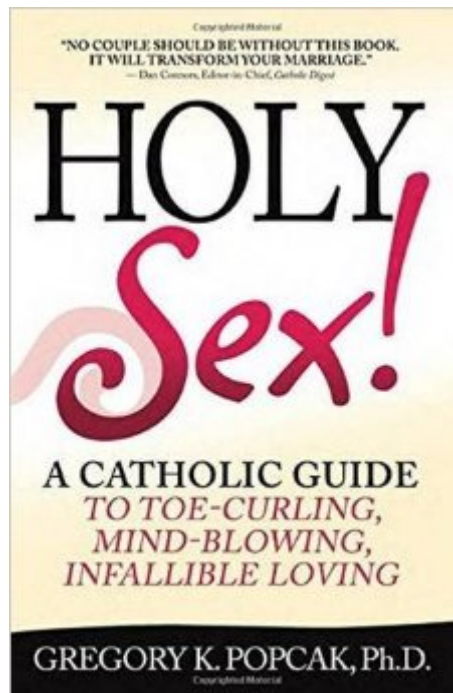


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# Holy Sex!: A Catholic Guide To Toe-Curling, Mind-Blowing, Infallible Loving



## Synopsis

Common wisdom portrays sex and church to be at odds, yet studies show that Catholics have better sex, and more often. This witty, frank, and refreshingly orthodox book draws from the beautiful truths of Catholic teaching to show people of all faiths about rich and satisfying sexuality. Hailed by Christians across the spectrum from Christopher West and Janet E. Smith to John L. Allen, Jr., *Holy Sex!* includes dozens of questionnaires, quizzes, and valuable lessons from real-life stories.

## Book Information

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## Customer Reviews

This book is the absolute best on the market relating to the Catholic Church and her teachings on sex and sexuality. I have read *Humane Vitae* and love the document, which is prophetic. I have read Chris West's work (he is the man who introduced me to the Church's teaching) and have since read his critics, both liberal and conservative, including those who reject Theology of the Body itself as a liberal distortion. (I attend the Latin Mass, and there are a fair number of providentialists in the movement who feel that the Pope John Paul II's work abandoned the concept of "grave reason" in the Church's tradition. They say that NFP is a concept that should be rejected unless one could die in childbirth etc. etc.) After tons of reading, I came across this volume. I am not a psychologist, I am a teacher with interests in music, theology, and history. As such I have recognized that while many people write and argue about the nuances of Catholic teaching vis a vis the immorality of contraception, very few write complete books that address not just the moral theology, but also the psychological ramifications of implementing the teaching in our lives. This book has the best and

most complete introductory section on the Church's teaching I have ever read. But more than that, this book addresses the common problems married couples will encounter when giving their lives to this teaching. While those who practice NFP enjoy a divorce rate of around 5% (FAR lower than the general population) that does NOT mean that practicing NFP is without its risks. As a practicing family therapist, Dr. Popcak has seen it all. He addresses these topics with charity and love that enable couples to see that they are not alone in struggling to implement this teaching.

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